Agnesian HealthCare Cancer Services

Breast Cancer Survivorship Care Plan (SCP) Pilot:

Definitions:
- Survivorship Care Plan – SCP
- Principal Provider – This is defined as the provider administering the majority of treatment. Surgeon is the principal provider for patients with 1st course treatment of surgery only. Radiation Oncologist is the principal provider for patients with 1st course treatment of surgery and radiation therapy. Medical Oncologist is the principal provider for patients with 1st course therapy of surgery, radiation therapy and chemotherapy.
- Summary of treatment – includes information on all treatment modalities administered including but not limited to; surgical procedure, lymph node sampling, ER/PR/HER2 status, tumor type and stage and pathologic stage, chemotherapy regimen, and radiation therapy doses.
- Follow up plan – includes information on frequency of proposed surveillance testing and physical exams based on ASCO and NCCN Guidelines
- Survivorship education – information including but not limited to; coordination of care, symptoms to watch for, long term side effects, psychosocial aspects of cancer survivorship

Pilot Policy Statement:
SCP’s will be created to help provide patient centered care and to assist patients transition from active care through the stages of their life or their disease process. The SCP will contain a comprehensive summary of treatment provided; follow up plan and survivorship education. SCP’s will be discussed and provided to the patient during a scheduled survivorship clinic visit. For patients refusing an SCP appointment, their SCP will be mailed to them along with information on how to schedule an appointment if they decide they would like an appointment.

Patients will be offered the SCP appointment after completing first course treatment. A copy of the SCP or SCP appointment dictation will be in the electronic medical record. Patients have the right to refuse the SCP appointment. Documentation will be provided in the medical record for patients that decline the SCP appointment. Patients declining the SCP appointment a copy of their SCP will be mailed to them.

The SCP will be prepared with participation of the principal providers, including provider treatment summary and documentation. The SCP will be initiated by the principal provider at the completion of first course treatment by providing a copy of their final dictation to the Oncology and Women’s Health NP.

Monitoring the SCP dissemination:
Annually the Cancer Committee will evaluate the dissemination of SCP’s by reviewing the patient medical record. A sample number of charts will be determined annually for review. Review will consist of identifying the SCP or SCP appointment dictation in the electronic medical record. Monitoring will also consist of reviewing referrals and recommendations that were made to the patients included in the chart review.

Breast Pilot SCP Procedure:

SCP Initiation
- Patients will be introduced to the SCP concept when they begin treatment. The new patient process will include an introduction about SCP and informing patients that they will be offered an SCP appointment at the completion of their first course treatment.
- The SCP will be initiated by the principal provider at the completion of first course treatment. (Patients receiving Herceptin will be offered an SCP at the completion of Herceptin therapy.) The principal provider will copy their final treatment dictation to Oncology and Women’s Health NP.
• After completion of treatment, patient will be contacted and offered a SCP appointment. Patients have the right to refuse the SCP appointment which will be documented as a Survivorship General Message in Cerner phone messages.

SCP Preparation
• Patients will receive a welcome letter explaining their SCP appointment and what to expect along with a Survivorship Care Planning Patient Questionnaire to help guide the direction of the SCP appointment. Patients will be requested to return the questionnaire in a self-addressed stamped envelope.
• After the questionnaire is mailed back and received by the cancer center the patient will be called to schedule their appointment. A Cerner message will be sent to the Oncology and Women’s Health NP as an alert to start the SCP.
• The SCP will be prepared by the Oncology and Women’s Health NP using the Journey Forward templates. Documentation provided by the principal provider will be used in the preparation of the SCP.

SCP Materials Provided
• Survivorship Guide – this education binder also available in an online format is given to the patient at the start of their active treatment. The Survivorship Guide includes information on short and long term side effects found in the National Cancer Institute books; Chemotherapy and You and Radiation Therapy and You. The Survivorship Guide also contains site specific and treatment specific education information, patient resources and includes a section for the prepared SCP document.
• Journey Forward Breast SCP which includes the following components:
  o Summary of treatment given
  o Follow up recommendations
  o Screening and other periodic testing recommendations
  o Information on possible signs of recurrence and second tumors
• National Cancer Institute Facing Forward Life After Cancer Treatment which includes information on the following subjects:
  o Effects of cancer on relationships and sexual functioning
  o Recommendations for healthy behaviors
  o Information on genetic testing and counseling
  o Cancer related resources
• American Society of Clinical Oncology Cancer Survivorship Next Steps for Patients and Their Families, includes information on the following subjects:
  o Psychological and social changes related to cancer
  o Healthy lifestyle
  o Questions to ask

SCP Appointment
• Oncology and Women’s Health NP will do a personalized review and assessment of patient and care plan based on the medical record and the Survivorship Care Planning Patient Questionnaire. Documentation and dictation for this appointment will be in Cerner under Survivorship.
• Needed referrals for follow up care may include the following specialties
  o Spiritual care
  o Behavioral health
  o Dietician
  o Social Worker or Oncology Navigator
  o Oncology Rehab Program and or exercise specialist
  o Support groups